Local Healthwatch Survey



Bedfordshire, Luton & Milton Keynes (BLMK) Sustainability and Transformation (STP) Snapshot Survey September - October 2017

About Healthwatch

Healthwatch is the local consumer champion promoting choice and influencing the provision of high quality health, social care and wellbeing services.

Healthwatch has significant statutory powers to ensure the voice of the consumer is strengthened and heard by those who commission, deliver and regulate health and care services.

Local Healthwatch engages and consults with all sections of their local population so that a wide cross section of views are heard, understood and acted upon.

Everything Healthwatch say and do is informed by our connections to local people and our expertise is grounded in their experience. Healthwatch Bedford Borough, Healthwatch Central Bedfordshire, Healthwatch Luton & Healthwatch Milton Keynes all belong to a network of local Healthwatch.

Healthwatch England leads supports and guides the Healthwatch network which is made up of the national body and local Healthwatch across each of the 152 local authority areas in England.

Healthwatch is the only body looking solely at people's experience across all health and social care. As a statutory watchdog our role is to ensure that local health and social care services, and the local decision makers, put the experiences of people at the heart of their care.



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1. Introduction

In 2016, NHS England outlined a new approach for health care providers to help ensure that services are planned by place, rather than around individual institutions.

To do this, local health and care providers have been asked to work together in regional 'footprints', to produce a Sustainability and Transformation Plan (STP), showing how services will evolve and become sustainable over the next five years to deliver the Five Year Forward View.¹

Within the BLMK (Bedfordshire, Luton and Milton Keynes) footprint, local Healthwatch are involved in the 'front line' priorities of the STP, representing the consumer voice.

Local Healthwatch in this footprint do not sit on the overarching Governing Board (as in other STP footprints), but are part of a Public Voice Partnership (PVP) group set up by the Project Management Office (currently coordinated by Kate Burke from Milton Keynes University Hospital, previously by Jane Meggitt from Bedfordshire Clinical Commissioning Group).

Local Healthwatch regularly attend meetings relevant to the five priorities within the BLMK STP, which are:

- 1. Prevention,
- 2. Primary, Community and Social Care
- 3. Sustainable Secondary Care
- 4. Technology



5. System Redesign

The first three 'front line' priorities focus on health, wellbeing and patient care and the two other 'behind the scenes' priorities focus on technology and system changes. Due to the size and nature of some of the priority meetings, not all local Healthwatch can attend all of the meetings and therefore meet regularly to share information and outcomes.

Local Healthwatch represents the voice of the local resident. We use the information local people give us about health and care services to influence service delivery and design. Find out more about your local Healthwatch at www.healthwatch.co.uk



2. Methodology

Following the introduction of the BLMK Sustainability and Transformation Plans, local Healthwatch within the BLMK footprint, conducted a snapshot survey in June 2017, using a short questionnaire to determine whether local people were aware of the plans for their area. The questionnaire was designed to:

- Understand what local people know about the plans a year after the introduction of the STP's.
- Determine whether people feel currently involved in how the Plans were taking shape.
- Ascertain whether people want more information about the Plans and how this could be achieved.
- Produce an initial entry survey on local people's understanding, to enable the organisations involved to measure improvement in communications, as the STP developed.

Local Healthwatch across the BLMK footprint widely distributed the survey during the period June to September 2017, and spoke with over 345 people.

The survey was designed and developed with the participation of all local Healthwatch, and distributed through each local Healthwatch website, as well as taken to local engagement and public events. It is not representative of the whole STP public footprint, and should not be read as a statistical analysis of the Plans. It was designed as a snapshot survey, recognising its limitations, but aiming to provide some informal but functional data on how the public across the BLMK perceived and understood the Sustainability and Transformation Plans in 2017.



3. Results Summary

In total over 345 local residents responded to the Healthwatch questionnaire representing the following areas:

- Healthwatch Luton (90 responses)
- Healthwatch Milton Keynes (150 responses)
- Healthwatch Bedford Borough (42 responses)
- Healthwatch Central Bedfordshire (64 responses)

Results were as follows:

- a. Unsurprisingly, responses differed in each of the four local Healthwatch, however, a significant proportion of those who completed the survey, across the entire footprint, were unaware that new plans were being introduced and the majority were not aware they were called 'Sustainability and Transformation Plans'.
- b. It was clear from feedback given in the questionnaire that the majority of people wanted to know more about the plans. As they had indicated in (a) above that they were unaware of the plans, this response was not unexpected.
- c. A high percentage of people indicated they had not attended a public event about the STP. Of those who said they had attended an event, these were organised and run by, or held in association with, a local Healthwatch.
- d. Given that the majority of people had not attended a public event about the plans, it was unsurprising that a high percentage indicated they had '*no* opportunity to comment on the plans'.
- e. Interestingly, the majority of people *did want* to hear more about the plans and indicated their preferred method, as follows:
 - The Healthwatch Network
 - Online media
 - Local Press
 - Public Events





4. Conclusion

All local Healthwatch understand and are aware of the limitations of this snapshot survey. By conducting the survey, local Healthwatch wanted to provide information, to the STP leads and associated organisations, on what the public, across the BLMK footprint, feel, know and understand about the STP. We appreciate that this is a snapshot survey and not representative of a large public consultation, and can therefore only act as a limited indicator of the opinion of those who completed the questionnaire.

Our main findings are outlined in the Results Summary section, but overall local Healthwatch in the BLMK area would recommend that further communication and engagement be conducted, so that those who use health and care services within their locality are aware of any changes as they take place.

Local Healthwatch recognises that the BLMK STP is an ambiguous and fluid topic, however our findings have highlighted that when people have 'heard of' the STP, they are not confident in their understanding of what it means and want to know more.

In addition, the majority of people spoken with felt they had no opportunity to comment on the Plans they had seen. Through the Healthwatch Network, we are aware that there are some other 'footprints' which conduct more robust engagement and communication with the public. These 'footprints' involve local residents in their Plans and local Healthwatch feels that our own 'footprint' would benefit from engaging with the public at every stage of the process.





5. Recommendations

From our findings within this snapshot survey, Local Healthwatch within the BLMK, would make the following recommendations:

- 1. To understand the wider view, and to begin the process of wider engagement, we would recommend that local Healthwatch are commissioned to conduct a larger scale review on STP's, and how the public voice can be heard.
- 2. We would recommend that the STP BLMK develop and accelerate their communication and engagement plans, sharing them with local Healthwatch and the public.
- 3. Now that the Sustainability and Transformation Plans/Partnerships/ Accountable Care Systems are in the public domain, we recommend the STP Leads, and associated organisations, begin consultation with the public to develop an understanding of the outcomes they want to achieve.
- 4. Referring to the Five Year Forward View from NHS England, local Healthwatch should be involved in every stage of proposed changes (commissioning, structuring, pathways etc) regarding the STP's/ACS, and we recommend, in line with other footprints, this is implemented as soon as possible.

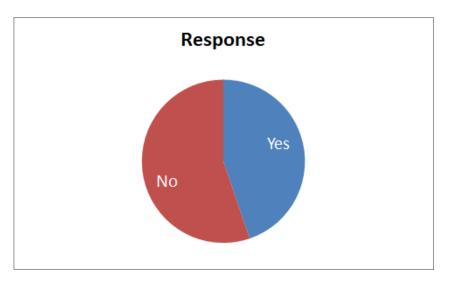


Appendix 1: STP Snapshot Questionnaire

healthwotch Central Bedfordshire	healthwatch Bedford Borough	healthwatch	healthwatch Milton Keynes
Sustainal	bility and Transfo	rmation Plan Que	stionnaire
_	ant to know how much the p	ions to develop new plans for ublic know about these plans. pe honest.	
1. Did you	know that there are new pla	ns being introduced for healtl	ncare in this
area?	Yes	No	
	know that these plans are ca	lled Sustainability and Transf	ormation Plans
(STPs)?	Yes	No	
I	f no, have you heard them ca	lled something else?	
	Yes	No	
P	lease state:		
	u attended a public event in nd care?	the last six months on the fut	ure plans for
	Yes	No	
I	f yes, what was the event/to	pic called?	
-	Did you have the opportunity	to comment on the plans?	
	Yes	No	
4. Would y	ou like to know more about	the plans?	
	Yes	No	
	f yes, how would you like to t our views?	find out more about the STP a	nd/or share
	Local Press National Press Online Public events	Small informal meeting Flyers available (GP sur Other : Please state	-
Name of organisation that	at passed Place to	urn over if you would l	ike to leave further
you this questionnaire:		nents, or your contact	

information about STPs from the BLMK footprint

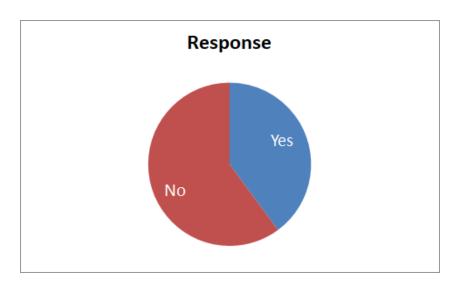
Appendix 2: Data Analysis (All Local Healthwatch)



1. Did you know that there are new plans being introduced for healthcare in this area?

- 344 people answered this question
- 154 said yes
- 190 said no

2. Did you know that these plans are called STPs?



- 346 people answered this question
- 138 said yes
- 208 said no



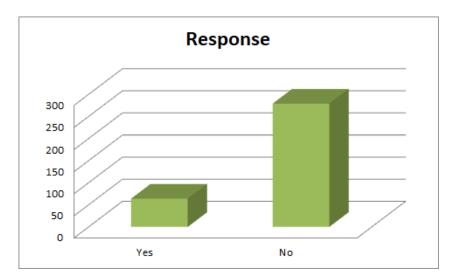
Response Ves

2a. If no, have you heard them being called something else?

- 346 responded
- 138 said yes
- 208 said no

2b. Please state:

- Slash, Trash and Privatise
- Just read things generally
- Not seen anything
- Never heard of them
- Partner heard about it
- Medical Hubs
- 3. Have you attended a public event in the last 6 months on the future plans for health and social care?

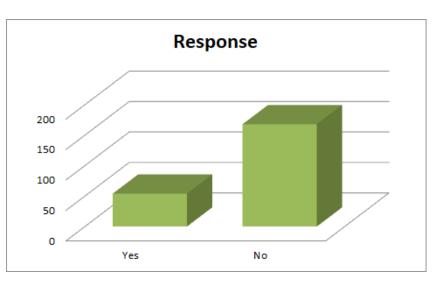


- 343 responded
- 64 said yes
- 279 said no



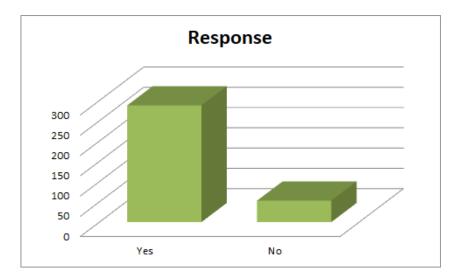
3a. If yes, what was the event/topic called?

For all comments please see Appendix 3



3b. Did you have an opportunity to comment on the Plans?

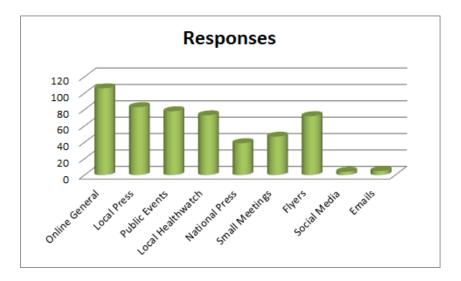
- 222 responded
- 54 said yes
- 168 said no
- 4. Would you like to know more about the plans?



- 341 responded
- 288 said yes
- 53 said no



4a. If yes, how would you like to know more about the STP and/or share your views?



Other - many people opted for more than one media option, as follows:

•	Online General (STP)	106
•	Local Press	83
•	Public Events	78
•	Local Healthwatch: including website, events, network	73
•	National Press	39
•	Small Meetings	47
•	Flyers	72
•	Social Media	4
•	Emails	5



Appendix 3: Full Results and Comments (All Local Healthwatch)

All Local Healthwatch BLMK: Sustainability and Transformation Plans Snapshot Survey Results September - October 2017

1.	Did you know that	t there are new plai	ns being intro	duced for health	ncare in this area?
	Total	344 Yes	154 No	190	
2.	Did you know that	t these plans are ca	lled STPs?		
	Total	346 Yes	138 No	208	
	lf no, have you h Total	eard them called sor 145 Yes	mething else?	128	
	Please state:	Medical H	ub		
		Partner h	eard about it		
		Nothing a	t all		
		Never hea	rd of them		
		Do not kn	ow		
		Slash, tras	sh and privati	se	

3. Have you attended a public event in the last six months on the future plans for health and care?

Total 343	Yes 64 No 279		
Please state:	The Addison Centre		
	Howard Centre in Kempston		
	HWCB event in March 2017		
BLMK Rufus Centre			
HWCB Event Rufus Centre			
STP Public meeting in May			
	ELFT Event		
	PHE Conference		
	Meeting at Tokko		
	LBC Staff Management Briefing Local Ward Forum		
	Healthwatch Champions Presentation Older Persons		
	Partnership Board Patient Reference Group		
	ELFT Stakeholder Meeting Healthwatch Meeting		
Did you have the opportu	aity to commont on the plane?		

Did you have th	e opportunity t	o comment on	the plans?
Total	222 Yes	54 No	168



All Local Healthwatch BLMK: Sustainability and Transformation Plans Snapshot Survey Results September - October 2017

Would you like to know more about the plans? 341 Yes 288 No 53 Total Local Press 83 39 National Press Online 106 (respondents ticked more than one option) 78 Public Events 47 Small meetings 72 **Flyers** Other Other websites: 5 Healthwatch Website: 39 HWCB Events 12 Post 1 Email 5 4 Social Media Additional comment - Personal letter/email to everyone who became a member of the trust then never heard from them again.

4.

- 5. If you have any further comments you would like to make about the Sustainablity and Transformation Plans, please do so below*:
 - * All additional comments given for this question are detailed in the document attached below.



All Local Healthwatch BLMK: Sustainability and Transformation Plans Snapshot Survey Results September - October 2017

Additional comments given for question 5:

- To be perfectly honest I cannot see how you will obtain these plans and put them into action unless Government puts loads more money into post to enable all areas to achieve this.
- How will you ever get GPs to share premises, they own their property and have lucrative contracts. Stop wasting money and put it into front-line nursing.
- Lots of money being spent, lots of talk going on round and round in circles. Are there any definitive plans?
- Is Stoke Mandeville Hospital included as it is never mentioned???? 50% of all GP referrals are made to Stoke Mandeville Hospital.
- It would be good to see it actually get out of the planning stages this time.
- I have not heard anything about the STP's!!
- The plan needs to take into account growth of population. It needs more funding not less
- We are not online, it's a bit beyond us
- Heard about it through work
- Would need to be at Priory View, Dunstable
- Re-organise the CCG
- Local Transport needs to be better managed if Specialists are to be lost from Bedford
- Brilliant local health services
- We need to keep services local for our age group
- So many things change from week to week that it is hard to keep up
- More information required
- We need public events with the information and options set out
- This 'Plans' are a cost-cutting exercise. I do not see how costs can be cut further and vehemently oppose any deterioration of any services for any hospital
- It appears that the L&D's considerations are given more of an input than Bedford
- The Plan needs to take into account the growth of the population, it needs more funding, not less
- At many BLMK public meetings and seminars Leighton Buzzard has not been mentioned it is not included in the STP

- More than 45% of Leighton Buzzard GPs patients prefer to be referred to Stoke Mandeville and Bucks Healthcare
- Many of those who attended the recent BCCG seminar at the Rufus Centre voiced the very same, some included Dunstable - no mention in STP
- Another terrible waste of time and money especially as it is supposed to be a way of cutting spending down. The aim to get health and social care, the local authority and the voluntary sector working together still seems distant, almost mythical dream (or nightmare?)
- The whole situation seems in chaos at present and it is virtually impossible for patients to understand or keep up with the constantly changing and reducing of services. Time for someone to get to grip with someone working with patient groups too
- I will attend as many events as I can as a patient representative
- I would like to be kept informed of future developments and how I can have my say on how to change or develop services
- I would be interested to see how this will affect access to local healthcare provision





Get in touch ...

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