## **HealthWatch100** Digital Health

The last few years have seen an increased digitalisation of the NHS and healthcare. More people are being given the option to access health services and information online, and the number of these services is expected to increase.

Therefore, we created a digital health survey to better understand your awareness and usage of technology in supporting your health and wellbeing. 76 people told us...



What are the main health and wellbeing functions and apps you use your smartphone for?





## 84% have <u>not</u> had an online consultation



were not aware they could have one



do not know how to do one

Patient

Access

## 58% do <u>not</u> use Patient Access

Patient Access connects you to book GP appointments and order repeat prescriptions. You can find out more at <u>patientaccess.com</u>

## 



76% do not have major concerns over the use of technology in supporting their health and wellbeing

Over half of those who did have concerns, explained that they were worried about data protection





Telephone consultations with my GP have been brilliant

Information overload

Help us to understand technology

Broadband is costly

Make sure what is available now is properly utilised

Concerned about protecting my personal data

Welcome the opportunity to learn

How can you check my blood pressure or pulse?

Services should be flexible to online and offline patients