



Oak Tree Medical Practice 273-275 Green lane Ilford, Essex Essex IG3 9TJ

Thursday 5th October 2017

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Service Provider	Oak Tree Medical Practice 273-275 Green Lane, Ilford, Essex IG3 9TJ
Contact Details	Practice manager- Bukky Akpabio
Date/time of visit	Thursday 5 <sup>th</sup> October 2017, 9.30am-11.00pm
Type of visit	Announced visit
Authorised representatives undertaking the visits	Chesing Lee Bushra Tahir Sarah Oyebanjo (staff support)
Contact details	Healthwatch Redbridge  1 <sup>st</sup> Floor,  103 Cranbrook Road Ilford, Essex IG1 4PU  020 3874 4120

# **Acknowledgements**

Healthwatch Redbridge (HWR) would like to thank the staff and patients at Oak Tree Medical Practice for their contribution to the Enter & View programme.

# **Disclaimer**

Please note that this report related to findings observed during our visit made on Thursday 5<sup>th</sup> October 2017.

Our report is not a representative portrayal of the experiences of all service users and staff, only an account of what was observed and contributed at the time of the visits.

## What is Enter & View?

Part of the local Healthwatch programme<sup>1</sup> is to carry out Enter & View visits. Enter & View visits are conducted by a small team of trained volunteers, who are prepared as 'Authorised Representatives' to conduct visits to health and social care premises.

#### Enter & View is the opportunity for Healthwatch Redbridge to:

- Enter publicly funded health and social care premises to see and hear first-hand experiences about the service.
- Observe how the service is delivered, often by using a themed approach.
- Collect the views of service users (patients and residents) at the point of service delivery.
- Collect the views of carers and relatives through evidence based feedback by observing the nature and quality of services.
- Report to providers, the Care Quality Commission (CQC), Local Authorities, Commissioners, Healthwatch England and other relevant partners.

Enter & View visits are carried out as 'announced visits' where arrangements are made with the service provider, or, if certain circumstances dictate, as 'unannounced' visits.

Enter & View visits can happen if people tell us there is a problem with a service but, equally, they can occur when services have a good reputation - so we can learn about and share examples of what a service does well.

### Introduction

Healthwatch Redbridge (HWR) is conducting Enter & View visits to all GP practices across Redbridge as part of our work programme during July to October 2017.

Last year, Healthwatch Redbridge organised a series of workshops for practice managers across Redbridge, Havering, Barking and Dagenham to inform them about the Accessible Information Standard<sup>2</sup>. These visits are an opportunity for HWR to discover if the standards have been implemented across the borough.

### **Accessible Information Standard**

This standard aims to ensure that people who have a learning disability, communication impairment or sensory loss are provided with information that they can understand. They should also be able to receive support so that they can communicate effectively with health and social care services.

From 1<sup>st</sup> August 2016, all organisations that provide NHS or social care must follow the standard by law. For organisations to effectively implement the standard, they need to consider their policies, procedures, human behaviour and where applicable, electronic systems.

## Purpose of the visit

The visits were planned to evaluate whether GP practices across Redbridge are implementing the standards thereby ensuring that the needs of people with communication impairments are being met.

In addition to the workshop organised for practice managers, HWR also ran workshops for people with communication impairments. The feedback continues to show that people are not receiving information in a way that they can understand.

An example of when a patient's need was not met was when she asked her GP practice to provide information in large print but they continued to give her regular font. On one occasion, she missed her appointment because the letter that the surgery sent to her was not in the right font meaning she was unable to read it.

<sup>&</sup>lt;sup>2</sup> https://www.england.nhs.uk/wp-content/uploads/2015/07/access-info-upd-july-15.pdf

NHS England reviewed the Accessible Information Standard during January-March 2017. Their subsequent report<sup>3</sup> found that many participants felt that the standard could have a significantly greater impact than it has done to date. This suggests that monitoring its compliance is necessary.

These visits will identify any areas where improvements could benefit patients. There is also an opportunity for Healthwatch to share examples of good practice found in GP surgeries across Redbridge. It is hoped that our findings will support practices in improving their services and making reasonable adjustments to meet patients' health care needs.

### **Strategic Drivers:**

- Part of Healthwatch Redbridge's work plan 2017-18
- Implementation of NHS Accessible Information Standards
- Seldom heard groups and the way in which they are supported to communicate are of particular interest to local Healthwatch.

### Methodology

Each Enter & View visit was announced. All 46 GP practices were informed about the visit and given about three weeks' notice of the time period that the visit will take place. The practices were not given the specific time and date but rather given a two week time frame. Information provided prior to the visit included a brief summary of the visit and the role of the attendees.

Prior to the visit, HWR staff members worked with authorised representatives to prepare questions that will be used during the visit. There were three separate set of questions: one for lead staff member, one for other staff members and one for service users.

Each visit involved observing the external and internal areas of the surgery. Representatives had the opportunity to identify any issues or challenges that someone with an impairment might face when using the facilities in the surgery.

Where possible, the representatives spoke to the practice manager, other staff members such as the receptionist and nurses and service users. Due to the specific nature of the visit, it wasn't always possible to speak to patients with communication impairments.

<sup>&</sup>lt;sup>3</sup> https://www.england.nhs.uk/wp-content/uploads/2017/07/accessible-Info-std-review-report.pdf

At the end of the visit, staff members were informed that a draft report would be sent to them. A draft report was sent to each GP practice and they were given 20 working days to respond with their comments.

## Reviewing website accessibility

In addition to visiting the GP practices, all the practice websites were checked to find out whether they are accessible for people with communication impairments.

Three volunteers assessed each website using a checklist (Appendix A) devised by HWR staff members. Two of the volunteers who reviewed the website had communication impairments; one of the volunteers was Deaf and the other volunteer has Asperger's Syndrome.

#### Results of website review

- It is not possible to change the size of the text on the website.
- The colour of background cannot be changed.
- The images have text descriptions explaining what they are about.
- The website has a "sitemap" button.
- It is possible to navigate the website without a mouse.
- There is no audio content on the website.
- Information on the website is written in plain English.

### Results of the visit

#### Observations made outside the premises:

- There is a large sign of the name of the surgery on the building. This can be seen from a distance.
- No accessible parking for patients but street parking is available.
- There is a slight slope into the surgery.

#### Observations made inside the premises:

- No trip hazards were identified.
- Signs within the surgery were somewhat clear. There was a poster on the wall informing patients of the direction of the consulting rooms. It was clear but did not stand out.
- There is a picture on the toilet door but no words.
- Receptionists sit facing patients so it would be easy to lip-read if necessary.
- The noticeboards were not cluttered. Posters were adequately spaced out.
- The complaints/ compliments procedure was on the noticeboard in a regular font size. It does not mention its availability in other formats such as large print. The procedure does not stand out as it is placed in the middle of other documents and it would not be easy for the patient to identify the poster.
- A feedback box is also available in the waiting room.
- A hearing loop sign is available on the glass screen in reception.
- There is an electronic screen to inform patients of their appointment. Information is written in a red font on black background. A beep sound is made when a patient's name is displayed on the screen.
- There was no poster informing patients about the Accessible Information Standard.
- Staff were unsure whether the fire alarm has a flashing red light as well as sound.
- The fire exits were clearly signed in words and pictures.

### Speaking to staff

The practice manager was not available during the visit so the representative spoke to the senior receptionist.

- The senior receptionist was somewhat aware of the Accessible Information Standard. She said that the practice manager attended the workshop provided by Healthwatch and shared that information with other staff members.
- The surgery is in the process of introducing new registration forms that ask patients about their communication needs.

- Staff members have not been provided with specific training on how to support patients with visual impairments, hearing impairments and learning disabilities. She mentioned that she is able to support these patients using knowledge gained from her experience.
- She said that she would benefit from AIS training.
- Patients' communication needs can be noted on the computer system but this does not flag up when the patient presents at reception.
- The surgery uses System One database<sup>4</sup>.
- When asked about how a patient with a hearing impairment would know when it is their turn, she mentioned that many patients come with someone. If the patient is alone, staff are able to support the person.
- She was unsure whether the hearing loop was portable or fixed. The representative checked the hearing loop and it was fixed. The hearing loop was tested using the hearing loop checker and it was working.
- Some staff members have been trained to use the hearing loop. It was fitted a few months ago.
- With regards to providing information for someone with a hearing impairment, she said that she would write information down and she would also speak clearly so that the patient can lip-read.
- If the patient has a visual impairment then she would assist them upstairs and explain the information to them. The surgery is also able to provide large print information if necessary.
- She would provide information for someone with a learning disability in a format that they can understand. She would explain information slowly and use simple words. She can also write the information down if needed.
- She mentioned that the surgery is able to book a BSL interpreter.
- The senior receptionist was unsure whether there is a communications book.
- She was also unsure whether the fire alarm has a flashing red light.
- In the case of an emergency, the patient will be helped to evacuate the building.
- A fire drill took place in June and no problems were identified.

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<sup>&</sup>lt;sup>4</sup> System One is an electronic patient health record system used by many GPs

#### Speaking to patients

Representatives spoke to two patients during the visit.

- The first patient said that he registered with the surgery about six and a half years ago and they did not ask him about his communication needs.
- The second patient registered last week and said that she was not asked of her communication needs.
- Both patients did not have any additional communication needs so they were unable to provide further information.

### Recommendations

- 1. To make the website more accessible, patients should be able to:
  - Change the size of the text; some people with a visual impairment need information in a large font size.
  - Change the colour of the background; some people cannot read text if there is insufficient contrast between text and background.
  - Access website information via screen readers and translation software (such as Browesaloud®<sup>5</sup>) especially for people with visual impairments.
- 2. A Communications Handbook<sup>6</sup> with basic images of common BSL and Makaton symbols should be available in the reception enabling staff to communicate more effectively with patients who have communication impairments.
- 3. Staff should receive training on AIS.
- 4. Visual impairment and deaf awareness training should be provided for all staff members as an annual roll on programme. This would enable staff to know how to communicate better with a deaf/blind person.
- 5. Staff should be trained on how to provide information in an accessible format for patients with learning disabilities.
- 6. If the fire alarm does not have red flashing light then the surgery should consider changing it so that there is a flashing red light as well when the alarm sounds. This will allow Deaf people to know when the fire alarm goes off.
- 7. The complaints/compliments procedure should be available in a variety of formats such as large print.
- 8. All staff members should be provided with training on how to use the hearing loop. The hearing loop should also be checked regularly to ensure it is working.
- 9. The surgery should display a poster about the Accessible Information Standard on the noticeboard. If possible, this information should be available on an A3 poster.

<sup>&</sup>lt;sup>5</sup> https://www.texthelp.com/en-gb/products/browsealoud/

<sup>&</sup>lt;sup>6</sup> Example of a standard hospital communication book can be found at: <a href="http://www.uhs.nhs.uk/Media/SUHTInternet/PatientsAndVisitors/Learningdisabilities/Thehospitalcommunicationbook-part1.pdf">http://www.uhs.nhs.uk/Media/SUHTInternet/PatientsAndVisitors/Learningdisabilities/Thehospitalcommunicationbook-part1.pdf</a>

10. The surgery needs to put a procedure in place to identify communication needs of existing patients. Some patients acquire communication impairments after registration or as they become older; reviewing a patients needs every few years would be good practice.

## **Service Provider Responses**

'Thank you for your recent visit and recommendations.

I would like to inform you that 9 out of 10 recommendations are already actioned.

ALL staff have now received training on AIS (this will now be an annual mandatory training for all staff), a communication handbook has been put in place, complaint procedure now includes information that people can request large prints if required, fire alarm already had flashing lights, staff are aware of how to use the hearing loop.

Our registration form has been updated to ask patients about their communication needs and existing patients are also being asked about their needs.

The recommendation about the website to be more accessible has been passed on to our website developers.'

Bukky Akpabio, Practice Manager

#### **Distribution**

- Oak Tree Medical Practice
- Redbridge Clinical Commissioning Group
- Barking, Havering and Redbridge Quality Surveillance Group
- Care Quality Commission
- Healthwatch England

# Appendix 1 - Website accessibility checklist

### Website accessibility checklist

Questions	
Can you change the text size?	Yes No
dan you dhango dho toxe shaoi	Comments
Can you change the colour of the background?	Yes No Comments
Does the website have a "sitemap" button?	Yes No Comments
Are there keyboard shortcuts? / Can you navigate the website without a mouse?	Yes No Comments
Does the website have audio content?	Yes No Comments
Is the website content written in "plain English"?	Yes No Comments
Additional comment	

# Appendix 2 - Observation sheets

SUIDANCE For Enter & View to GP Surgeries Re: Acce	Re: Accessible Information	Signs in various formats including pictures (e.g. on	Yes No
Observation Checklist		tollet doors - are they clear/contrasting/pictures)	Comments:
Vame of Surgery:		Interaction between staff and service users: are	Yes No
Name of Authorised Representative:		they facing service user whilst talking to them using body language to communicate as well as verbal	ments:
Jate:		communication, is plain language - is plain language used	
Observations/Questions		Complaint/compliments procedure information is	Yes No
Getting to the Service:		available in alternative formats - for patients &	
There is sufficient and clear signage to the premises being visited: signs are clear, unobstructed and	Yes No	relatives - is it on the noticeboard	Comments:
easily readable	Comments:		
		Are the noticeboards cluttered, and are the notices easily legible	Yes No
There is accessible & sufficient parking available	Yes No		Comments:
outside the entrance	Comments:		
		Is there a hearing loop sign?	Yes No
A ramp/lift is available, or there is a working	Yes No		Commonter
assistance bell - Eage of ramp nignlighted to keep people off uneven surface	Comments:		
		Does the surgery have an electronic screen to	
Fire alarms have a light as well as sound	Yes No	inform patients of their appointment - if so what	
	Comments:	colour are the screen and writing - does it show room no. Doctor name - is it audio as well as visual	
Fire exits clearly signed in various formats.	Yes No		
Words Pictures	Comments:	Further Comments: Please provide any relevant information about	
Within the premises:			
Are there trip hazards/sharp edges/furniture in pathway (both permanent & temporary)	Yes No		
	Comments:		

# Appendix 3 - Questions for lead staff

ge) interpreters .)	and symbols to help people to communicate)  (6. Where/which organisations might you access the above if you use them?	17. Do you have a communication book?  NOTE FOR REPS: If they have one, please ask to see it comment on what you have seen  18. If the next of kin/carer of the patient had any Yes No	communication needs, is information provided to them in a format that is accessible to them?	19. How would you know this and would it be on Comments the patients records?  20. Is there anything you would like to share with Comments Healthwatch Redbridge?	Information for Manager when leaving inform them that we will send a copy of the report within 20 working days for your comments & corrections if necessary.	***
15. Are you able to access:  • BSL (British Sign Language  • Signalong (based on BSL)  • MAKATON (a language or	and symbols to help peor	17. Do you have a communication E NOTE FOR REPS: If they have one, ple and comment on what you have seen 18. If the next of kin/carer of the p	communication them in a forma	19. How would you know the patients records? 20. Is there anything you w	Information for Ma Inform them that a working days for y	
Yes No Comments		Comments Yes No Comments	Last date of training	Yes No Yes No Yes No Yes No	Comments Yes No Comments	Comments
7. Is there a process in place to ensure that the doctor/nurse dealing with the patient whilst they are in the surgery are aware of their communication needs before they start to interact with them?	8. Is there a hearing loop in the surgery, if there is Comwhat type of loop is it?  • Fixed/Portable/Both  9. Have staff been provided with training on how to Yes use it?	10. Are patients made aware that a hearing loop is available?	11. What training is provided to support all staff to communicate effectively with patients?	Deaf awareness training Communication training Dementia awareness Easy read training	12. How often do you have this training? Comments 13. Is information available in different formats to Yes make it accessible to all patients and are patients aware of this? For example: large print, easy read, Braille, Audio.  NOTE FOR REPS: Please ask to see examples of this if possible and comment on what you have seen	14. What format do you provide for people with: a. Hearing impairment c. Learning disabilities
HARGE at		For Please explain	ç.k.	ts Comments  Comments  Comments	a Yes No Comments	Comments he Comments
Questions for MANAGER/PERSON IN CHARGE at  GP Surgery  Name of Surgery:  Name of lead manager:	Name of Authorised Representatives:  Date:	Are patients asked about their communication needs when they first register at the surgery? For example:     Are they asked if they have difficulties with	sight/hearing? • Are they asked if they have a learning disability?	What have you put in place for existing patients Comments to ensure that you are aware of their communication needs?     How are these needs recorded if they have any?	NOTE FOR REPS: If the manager seems unsure you can prompt them with the following questions:  Are they recorded on a database?  Or by any other means?  4. When a patient presents at reception, is there a 'pop up' which flags their needs?	5. If yes, what system do you use?  6. If there is no system in place can you explain the Comments reasons for this?

# Appendix 4 - Questions for other staff

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Comments			Yes	Comments	Yes Comments	Yes	Comments					Yes No	Comments			Comments	Yes	Comments	1	Comments	
<ul> <li>6. Is there a hearing loop in the surgery, if there is what type of loop is it?</li> <li>• Fixed/Portable/Both</li> </ul>	<ol><li>Are you aware of the ways that information should</li></ol>	be provided for people with:	<ul> <li>hearing impairments</li> </ul>		<ul> <li>visual impairments</li> </ul>	Learning disability?	If yes, what are they?	NOTE FOR REPS: If the member of staff is struggling to	give some examples you can prompt them.  Hearing impairments -British sign language, subtitles on TV	<ul> <li>Visual impairments - Large print or audio</li> <li>Learning disabilities - Easy Read</li> </ul>	D		NOTE FOR REPS: If they have one, please ask to see it and comment on what you have seen	<ol><li>If there was a fire or emergency do you know if there is an appropriate alarm for those with hearing impairments? If yes, what is it? If possible,</li></ol>	can you show us:  • Flashing red light	10. In the event of a fire, what is the procedure for evacuating those who are Deaf or Blind?	11. Has there been a fire drill and if yes, did it flag	up any problems?	40 le ble ann ann abh an 18 le ble ann ann ann ann ann ann ann ann ann ann an	12. Is there anything you would tike to share with Healthwatch Redbridge?	
				ę	Τ			S		2	2		£		£						_
Surgery —				Yes	Collille			Yes	Comments	Š	Comments		Yes	Comments	Yes	Comments				Comments	
Questions for STAFF in GP Sur	Name of Authorized Depresentatives	haire of Authorised hepresentatives	Dates:	1. Are you aware of the Accessible Information	Standard (Ab.): 2. Have you been provided with training on how to cannot patient with:	outper of the second se	NOTE FOR NEPS: If they arower yes, preuse as what type of training it was and tick the appropriate box	Visual impairments: blind & partially sighted	On-tine Face to face	Hearing impairments: profoundly deaf & hard of hearing	On-tine	Face to face		On-line	3. Do you feel that you would benefit from any other training with regard to AIS?	4. How would a patient that has a specific need be identified? i.e. had hearing impairments, visual	impairments or learning disability?  Would it be flagged up on the computer system	Electronic system	<ul> <li>A card provided by surgery they show to staff on arrival</li> </ul>	5. How would a patient with a hearing impairment know that they had been called for their appointment?	appointments

# Appendix 5 - Questions for Patients

Yes Please expla Yes	Please expla Comments	Comments		Yes No	Please expla	_			
octors are able to cording to your urses are able to help ng to your	communication needs: 6. If not, how do you feel this could be improved?	7. What, if anything can be done to improve the way information is provided to you? For example:	<ul> <li>targe print,</li> <li>audio (spoken/recorded information)</li> <li>easy read</li> </ul>	8. Has there ever been a time when your communication needs have not been met?	For example, when being called for an appointment or provided with written information	9. Is there anything else you would like to talk to us about?			
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Questions for PATIENTS at GP Surgery of Surgery: of Authorised Representatives:	Yes No Comments	ments	Yes No Comments		Yes No Comments - Please state		Yes No	Please explain	Yes No Please explain

### Healthwatch Redbridge

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