

## Community

Involving the local community

Good practice in  
residential and nursing  
homes



At Healthwatch Somerset we have identified from our enter and view visits some examples of good practice which can assist you in your planning.

## General good practice identified in our visits

- A visit from the local scouts, guides, cubs or brownies groups
- Involve local school children in support of their World War 2 project
- Host a 'Big Lunch' neighbourhood event [www.thebiglunch.com](http://www.thebiglunch.com)
- Host local clubs such as a film club or yoga class
- Become involved with the 'Archie Project', including reminiscence learning services [www.reminiscencelearning.co.uk/archie](http://www.reminiscencelearning.co.uk/archie)
- Form a skittles or darts team to play against other homes
- Find residents from other homes who share similar interests with residents at the home to start an activity
- The local Active Living service may be able to help transporting residents to groups and activities.
- Setting up a local dementia support group at the home.

### Useful contacts:

'You can do' T: 01278 664 180

Aster Living T: 0333 400 8299

Or find out more by visiting

[www.somersetactiveliving.org.uk/welcome](http://www.somersetactiveliving.org.uk/welcome)



## Archie Project

An intergenerational dementia awareness project that links primary schools, care homes, sheltered housing schemes, businesses, services and community members to ultimately create dementia friendly towns and villages.

Contact Reminiscence Learning for more information:

01823 323752

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## If you would like more information, please contact us:

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