

Enter and View Report - Care Home

Adlington Manor
Street Lane
Adlington
Cheshire
SK10 4NT

Tel: 01625 856710

Date of visit: 09/01/2015

This report describes our observations of the quality of what we found at the date and time of the visit, information given from the Home Manager, residents, relatives and observations made by our Authorised Representatives

Overall observations for this home:

Promoted independence for residents



Encouraged mobility both inside and outside the home



Provided stimulation and social activity



Summary:

The general impression from the Scrutiny Visit today is that there are high standards of care and activity within Adlington Manor, with the ethos of inclusion and independence being of paramount importance
The staff were particularly supportive of residents individual needs

CARE HOME MANAGEMENT INFORMATION

The following information has been provided by the care home management

GENERAL INFORMATION

Name of Home:	Adlington Manor	
Address and Postcode	Street Lane Adlington SK10 4NT	
Name of person completing this form:	Daniel Rowark	
Position in the Care home:	Manager	
Date the form was completed:	09/02/2015	
Telephone contact:	01625 856710	
Email contact:	daniel.rowark@barchester.com janine.keeler@barchester.com	
Home Registration	<input type="checkbox"/>	Residential
	<input checked="" type="checkbox"/>	Nursing
	<input checked="" type="checkbox"/>	Dementia
How many permanent residents in the home today?	45	
How many short stay/respice stay residents in the home today?	1	
Does each resident have a named or key worker?	<input checked="" type="checkbox"/>	

INDEPENDENCE AND MOBILITY

How do you assess residents' ability and mobility to keep themselves as independent as possible?	First assessment is completed before residents are admitted. Further assessments are ongoing during their stay to ensure they are equipped to maintain independence
Please give any examples of how you encourage residents to remain independent with daily living skills ie: personal hygiene, eating, drinking and dressing.	Residents are encouraged through personal care to wash themselves with support where needed. Residents who are able, are encouraged to help with table settings and encouraged to maintain independence when eating. Support may be needed but minimum input where necessary. Residents encouraged to choose own clothes and choice of activities

How do you promote mobility for residents such as moving and walking?	Encourage residents to move around in communal areas, moving from living areas and generally walking around the home.						
ACTIVITIES							
Do you have a budget to cover residents 'activities, interest groups?	✓						
Do you have a member of staff to co-ordinate activities?	✓						
If Yes: Are They	<table border="1"> <tr> <td style="text-align: center;">✓</td> <td>Full Time 1 activity person on Cedar, new staff starting soon</td> </tr> <tr> <td></td> <td>Part Time</td> </tr> <tr> <td></td> <td>Sessional</td> </tr> </table>	✓	Full Time 1 activity person on Cedar, new staff starting soon		Part Time		Sessional
✓	Full Time 1 activity person on Cedar, new staff starting soon						
	Part Time						
	Sessional						
What community links do you have with local organisations and who are they?	Working with local schools, churches, Salvation Army, Poynton Male Voice choir, St Gregory's primary school Adlington, Bollington festival players. We encourage dance troops, brownies etc to entertain and spend quality time with the residents.						
How are residents approached / encouraged to take part in activity/interest groups?	Activity coordinator talks to residents on a 1-1 basis to encourage residents to express their interests and to participate in activities						
What activity interest groups do the residents like to take part in?	Monthly residents meeting where residents can voice their ideas about activities they would like to do, -See residents meeting minutes						
Please specify the type of activity and the duration of each activity.	<ul style="list-style-type: none"> • Each activity runs for varying times or more and includes refreshments • Sing songs • Games • Walking 						

	<ul style="list-style-type: none"> • Visiting entertainers • Curry night 	
How often do you run these activities?	<input checked="" type="checkbox"/>	Daily
	<input checked="" type="checkbox"/>	Weekly
	<input type="checkbox"/>	Monthly
	<input type="checkbox"/>	Yearly
Do you have a residents group?	<input checked="" type="checkbox"/>	
How often is the residents group engaged in the management of the home?	<input type="checkbox"/>	Daily
	<input type="checkbox"/>	Weekly
	<input checked="" type="checkbox"/>	Monthly
	<input type="checkbox"/>	Yearly
Do you have a relatives group?	<input checked="" type="checkbox"/>	
How often is the relatives group engaged in the management of the home?	<input type="checkbox"/>	Daily
	<input type="checkbox"/>	Weekly
	Every 2 months	Monthly
	<input type="checkbox"/>	Yearly
If you have a Relatives group how often and where do they meet and would a Healthwatch authorised representative be able to meet with the group to get their views?	Every 2 months in the Paddock View Conservatory Healthwatch professionals welcome	
If yes, who would we contact to arrange this?	The Home Manager	
Please give any examples of how you facilitate social interaction between residents and their local community.	Invites through schools churches relatives and friends Source tickets for local events eg Panto Christmas Party with the Rotary club	
Please use this space to tell us about any facilities/activities not covered in the above questionnaire.		

Is there anything else you would like to tell us?	
If a resident has a concern about their health and social care needs -who would deal with the issue?	The nurse in charge on the unit. Residents are encouraged to discuss their care plan with the Clinical Nurse Manager

Are you aware that Healthwatch Cheshire East has a Signposting Service to point people to the organisation that deal with issues and can capture their story to forward to partners who can make a difference and inform trends?	No
If no, would you like more information	Yes

Authorised Representative Observations

Background	Adlington Manor was selected for a visit from our list of Cheshire East Care Homes for completion in Spring 2015
Observations	<p>Welcome: On arrival we were politely welcomed by the lady at Reception and the manager, who were expecting us. We were asked to sign the visitor's book and our ID badges were observed.</p> <p>Security of building: The building was secure and accessed by a call bell. Keypads were on external and internal doors through to Memory lane and for re-entry to Cedar</p> <p>Staff: We observed 10+ staff during our visit.</p> <p>All staff wore a uniform, all wore name badges. All staff members were smiling and friendly, without exception.</p> <p>Staff members were busy but those we observed with residents took their time, demonstrating patience, confidence and care. When serving drinks they checked that residents were comfortable and had what they wanted.</p>

All staff members were chatty with the residents and obviously knew them well and their individual needs, taking time to chat and introduce us to 3 residents.

Residents:

We observed residents who were happy and relaxed sitting and chatting or relaxing in the lounge-no activities were taking place at the time of our visit

We saw no signs of anyone anxious or unhappy and no call bells were heard during our visit. One resident reported that if they need help they press the call bell and staff members come very promptly.

Most residents were in the restaurant having breakfast, or in the lounge areas. It appears there is a flexible choice; residents can choose where to have meals, in their own room, in the lounge on a tray, in the dining room and outdoor area if they want to.

All residents are encouraged to be as independent as possible and walk with staff aid, frames or use wheelchairs

Residents had chosen to live at Adlington Manor because:

- One resident's family chose it and
- One was not sure, but she was really happy there

All residents felt well cared for and there was always someone to help if needed.

All residents were able to tell us about the range of activities and could check the noticeboard to see what was going on.

Relatives/Friends:

We were able to meet with one relative visiting whilst we were there, who chose the home as his aunt needed to be local for he and his brother to visit.

His aunt was given choice and opportunity to take part in activities but since moving from Cedar to memory lane she was less inclined to take part but was encouraged to. He is kept informed about activities and feels welcomed as

relatives can join in the groups. He is aware of residents meetings that are held and can take part if he wants to. He felt that staff were available to listen to any concerns if he has any and feels confident that they will be addressed.

Meals and Drinks:

Drinks are available throughout the day and we were offered drinks whilst we were chatting to residents. There is a kitchen area/lounge area and dining area on each floor. There was a wide variety of hot and cold drinks available.

The daily menus are available in the dining/lounge areas, on the tables. We observed staff asking residents what they would like to drink and supporting a gentleman who needed assistance with eating his breakfast.

Communication and Social activity:

There seems to be a wide range of activities available. We were shown the activity board in the corridor and copies of residents meetings, where their choices had clearly been considered.. There were morning and afternoon activities. There was evidence of a wide variety of board games, jig saws and magazines available for residents' use.

Although we did not observe any outside group visiting during the time we were there, we were informed that various community links are encouraged including visits from schools, local church groups and history groups. There is a residents minibus used for local outings for coffee and shopping etc.

Environment, furnishings and building:

The residents live in 2 separate areas, Cedar and Memory Lane. In memory lane attention had been given to memory boxes, dementia friendly pictures and in particular, a pram and baby activities for reminiscence. One carer visits his wife and they do dancing in a lounge.

The building was dark in some areas and floors were uneven-a programme of decorating and refurbishment is taking place to make older areas in the building, more fit for purpose

All areas visited were well maintained, clean and free from odour, apart from a slight odour in one lounge and corridor in memory lane. All furnishing was to a good standard with various heights of chairs to accommodate needs of residents.

Conclusions

The general impression from the Scrutiny Visit today is that there are high standards of care and activity within Adlington Manor , with the ethos of inclusion and independence being of paramount importance
The staff were particularly supportive of residents individual needs